

COUGAR CAMP

ATHLETICS

VENTURE OUT

CANTERBURY SUMMER PROGRAMS



Canterbury
SCHOOL

Challenging the mind. Nourishing the spirit.

2011

welcome

to Canterbury Summer Programs

Canterbury School is, once again, excited to provide the most inventive menu of educational and recreational camps in Greensboro. Each year our program continues to evolve and transform to accommodate the newest interests of our youth. With the understanding that campers have varied interests due to age, gender, learning styles, and tastes, we have deliberately structured a program with three distinct tiers.

It is our hope that with the diversity of our summer offerings you can make Canterbury Summer Programs a family affair in 2011!

Be sure to sign up early for all the camps that interest you — space is limited.

Please read over the “Camp Information” section of the brochure, as most of your questions will be answered there. If you have any additional questions, please feel free to contact us at (336) 288-2007, ext. 138 or 137 or at canterburysummers@canterburygo.org. Don't forget to check out the website for the full brochure and extra registration forms if you need them. Click on Canterbury Summer Programs at www.canterburysch.org.

Kelly Russell and Justin Zappia
Co-directors of Canterbury Summer Programs



The first tier called “Cougar Camp” looks quite similar to the summer camp program our patrons have grown to know and love for over a decade. Children in the rising K-5 grade levels will find camps to satisfy their entertainment and educational needs by examining the offerings in this section.



The second tier is named “Venture Out.” These offerings mirror the exceptional adventure program by the same name that offers unique outdoor activities to Canterbury students throughout the academic year. We hope that the adventure-based opportunities will appeal to middle school students. There are also several lower school endeavors offered in this tier.



The final tier, “Athletics,” will provide students of all ages with a chance to improve sport-specific skills throughout the summer months. A brand new addition in this tier, titled Serious About Sports, is meant to give serious athletes the opportunity to work with the coaches of the teams they hope to play for during the 2011-12 academic year. *

** Also open to non-Canterbury students.*

schedule

COUGAR CAMP VENTURE OUT ATHLETICS SERIOUS ABOUT SPORTS SCHEDULE ON PG. 13

| DATE | 9 AM-NOON * | | 12:30-3:30 PM * | | |
|-------------------------------|-------------|--------------------------------------------------------------|---------------------------------------------------|--------------------------------------|---------------|
| | GRADE | COURSE | GRADE | COURSE | |
| June 13-17 | K | Ready, Set, Go!: \$120 | K-1 | Legos: \$120 | WEEK 1 |
| | K-1 | Walk the Plank: \$125 | K-1 | Dinosaur Dig: \$130 | |
| | K-1 | American Girls: \$130 | 2-3 | Splish Splash: \$125 | |
| | 2-3 | All Sports: \$120 | 2-3 | Character Cameo: Story Acting: \$130 | |
| | 2-3 | Taekwondo: \$140 | 4-5 | Girl Charge: \$125 | |
| | 4-5 | iPhoto Generation: \$130 | 4-5 | GarageBand: \$125 | |
| | 4-5 | Cartoon Creations: \$145 | 3-5 | Healthy Heroes: \$125 | |
| | 3-6 | Get Golf Ready: \$140 | K-2 | Garden Art Safari: \$145 | |
| | 3-5 | Geocaching: \$140 | | | |
| | June 13-16 | 8 | 8th Grade Rafting Trip (Overnight Venture): \$695 | | |
| June 20-23 | 9 | 9th Grade Rafting Trip (Overnight Venture): \$695 | | | |
| June 27-29 | 6-8 | Mountain Discovery: Into the Wild (Overnight Venture): \$285 | | | |
| July 11-15 | K | Ready, Set, Go!: \$120 | K-1 | Legos: \$120 | WEEK 2 |
| | K-1 | Fairy Tale Adventures: \$125 | K-1 | Abrakadabra: \$145 | |
| | K-1 | Little Dragons: Taekwondo: \$140 | 2-3 | A Link Beyond Legos: \$135 | |
| | 2-3 | Art Rocks: \$145 | 2-3 | Jewelry Making: \$135 | |
| | 2-3 | Old Fashioned Toy Making: \$140 | 4-5 | Dance Expression: \$125 | |
| | 4-5 | Robotics: \$135 | 4-5 | Woodburning: \$140 | |
| | 4-5 | Beginner Volleyball: \$120 | 1-3 | Quick Start Tennis: \$140 | |
| | 4-6 | Climbing Quest: \$150 | 4-6 | H2O on the Go: \$150 | |
| July 18-22 | 4-5 | Safari: \$265 | 4-5 | Safari: \$265 | WEEK 3 |
| July 18 and 19 (9-11:30am) | 6-8 | Advanced Mountain Biking: \$75 | | | |
| July 25-29 | K | Ready, Set, Go!: \$120 | K-1 | Fancy Feet: \$125 | WEEK 4 |
| | K-1 | Kids Pix: Computer Art: \$125 | K-1 | My Time Machine: \$120 | |
| | K-1 | Did You Say Clay?: \$150 | 2-3 | Girls Sports Camp: \$120 | |
| | 2-3 | Jazzy Jams: \$125 | 2-3 | Yummy Art Camp: \$145 | |
| | 2-3 | CSI Detectives: \$135 | 4-5 | iPads: \$130 | |
| | 4-5 | Fashion Camp -----> | 4-5 | Fashion Camp: \$225 | |
| | 4-5 | Canterbury Players Drama Camp: \$125 | K-2 | Beginner Get Golf Ready: \$140 | |
| | 4-8 | TP is My Hero Basketball Camp: \$130 | 3-5 | Outdoor Games: \$135 | |
| July 28-29 | ALL | Women in the Wild: \$75 | | | |

unless otherwise noted *



Ready, Set, GO!

*Rising Kindergarten
Weeks 1, 2, & 4, AM
Eileen Minichbauer and
Karan Moore, instructors
Cost: \$120*

It's time to get ready for kindergarten! We will be participating in a variety of activities, including stories, crafts, puzzles, songs, movement, and much more. These activities will be used to reinforce concepts such as numbers, letters, names, colors, and shapes. Come meet new friends, have lots of fun, and get ready ... get set ... GO!

Walk the Plank

*Rising K-1st Graders
Week 1, AM
Eric Speckhard, instructor
Cost: \$125*

Ahoy, Matie! Calling all Black Beards to batten down the hatches for an exciting week of pirate fun. We will put on our eye patches, peg legs, and round up our parrots for some thrilling adventures. Books, artwork, games, floating pirate ships, and a buried treasure hunt will make this a sailing ship you won't want to miss. Don't be left behind!

American Girls LIVE!

*Rising K-1st Graders
Week 1, AM
Andee Barbee, instructor
Cost: \$130*

Have you ever imagined what it would have been like to live in the same time period as your American Girl doll? Your dream can come true! Take a trip back in time as we relive history. Bring your doll(s) and build her a home, play games, create crafts, sing songs, learn to dance, make snacks and practice your manners to use at a tea party. Come meet the American Girls while exploring what was going on in America during the time in which they would have lived.

Cartoon Creations

*Rising 4th-5th Graders
Week 1, AM
Abrakadoodle, instructor
Cost: \$145*

Abrakadoodle takes cartooning to a whole new level! Campers learn the art of cartooning, including imagining and sketching characters, preparing animation cells and discovering the creative process for comic strips and animation.

Character Cameo: Story Acting

*Rising 2nd-3rd Graders
Week 1, PM
Andee Barbee, instructor
Cost: \$130*

We have all felt like Alexander and his "terrible, no good, very bad day," and nobody wishes for that! But what if you could PICK to be a character of your choice? Dive into a week of fun developing acting skills, putting on skits, wearing and designing costumes, and painting backdrops. By week's end you and your fellow campers will be ready to take the stage!

Girl Charge

*Rising 4th-5th Graders
Week 1, PM
Girl Charge, instructor
Cost: \$125*

Camp Ophelia is focused on helping girls create change in our society. By teaching girls that teasing, social exclusion, and other forms of female bullying (known as relational aggression) are not the norm, girls have the knowledge and power to transform their relationships and create an impact bigger than imagined. This camp utilizes a fun, interactive, arts-based curriculum that involves drama, visual arts and other artistic mediums.

continued next page ...

Fairy Tale Adventures

Rising K-1st Graders

Week 2, AM

Lindsey Whitlatch, instructor

Cost: \$125

There's nothing more exciting than pretending you live in a castle and ride a white horse. Explore your inner medieval dream through stories, songs, crafts, games, and more. All princes and princesses welcome!

Art Rocks

Rising 2nd-3rd Graders

Week 2, AM

Abrakadoodle, instructor

Cost: \$145

Art Rocks combines fun music and energetic art for a wildly creative adventure. Campers will make musical instruments, learn about rhythm, and design a poster promoting a concert and a unique label for a new CD. These rock artists will create a musical collage and try their hand at melodic action painting. Students will learn about the John Lennon Wall, graffiti and line art, craft "love beads" out of a modeling compound and try their hand at costume design.

Old Fashioned Toy Making

Rising 2nd-3rd Graders

Week 2, AM

Laura Hernandez

Cost: \$140

Of course you love playing with them, but have you ever wondered how classic toys were made? Learn how children entertained themselves before TV and video games ever existed by exploring various eras and forms of entertainment. Creative play, art, and technical building skills will all be a focus as you make and play with such classics as Teddy bears, tops, race cars, yo-yos and more. Play away!

Abrakadabra

Rising K-1st Graders

Week 2, PM

Abrakadoodle Instructor

Cost: \$145

Learn a new magic trick each day! Mix up a new, interesting color for a bubbling magic potion. Create a rabbit; then make him disappear. Use special paper and PRESTO your artwork magically appears. Create monochromatic 3D bat sculptures, learn how light works in photography, create a magic wizard hat, design a Van Gogh peeping eye portrait, and more!

Jewelry Making

Rising 2nd -3rd Graders

Week 2, PM

Taylor Greene, instructor

Cost: \$135

Do you love to string beads? Have you ever worked with polymer clay? Does a macramé project sound intriguing? Spend the week making many different "wearable" projects!

Woodburning

Rising 4th-5th Graders

Week 2, PM

Laura Hernandez, instructor

Cost: \$140

This camp takes arts and crafts to the next level! Woodburning is a great way to create marvelous designs through fine line detailing and tone shadowing. By week's end you will have created a wide array of beautiful designs burned into wood that you will cherish forever.

Did You Say Clay?

Rising K-1st Graders

Week 4, AM

Abrakadoodle, instructor

Cost: \$150

Hooray for clay! Roll, pinch, pat, press, paint, and sculpt your way through this creative series that features projects with Crayola Air-Dry Clay®, Model Magic®, and Modeling Clay®. We learn about the cultures of Italy, China, Turkey, and Africa's Zulu tribe by making beads, chops, tiles, and masks. Sculptors Jean Dubuffet and Lucien den Arend inspire us to sculpt with colorful shapes and designs, and the fun continues with leapin' lizards, monsters, and more!

Yummy Art Camp

Rising 2nd-3rd Graders

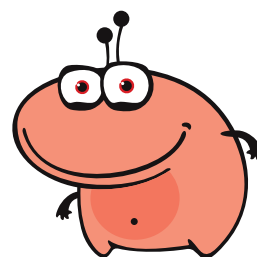
Week 4, PM

Abrakadoodle, instructor

Cost: \$145

Get your spoon, paintbrush and chocolate syrup ready – we're going to create art! From cupcake design to mosaics with food to chocolate syrup painting – it's all about the wonderful and wacky world of food art! We'll make incredible edibles, use acrylic paint and fruit to paint on canvas and create a table setting for someone that we'd like to share a meal with. Students will learn different artistic techniques while learning about contemporary and master artists. **(No peanut or peanut oils will be used.)**

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AM: 9am-noon
PM: 12:30-3:30pm

Fashion Camp

Rising 4th-5th Graders
Week 4, full day
Laura Hernandez, instructor
Cost: \$225

If you like the newest fashion, this Fashion Camp is for you! During this five-day camp you will be able to create your own brand, discover trends, and visit hot spots and retailers. You will learn all you need to turn creative ideas into one-of-a-kind catwalk creations. Start out with sketches and illustrations, and then bring your vision to life after learning stitches, sewing techniques, material characteristics, and the characteristics of the human body that determine the way clothing fits and flows. Whether you decide to create designer handbags, sandals or dresses, you will have the stage to show off your work at the Friday fashion show!

Canterbury Players Drama Camp

Rising 4th-5th Graders
Week 4, AM
Tony Carrick, instructor
Cost: \$125

Are you the next vampire in the *Twilight* series? Ever fantasize about being the next lead in the latest *High School Musical*. Wish you were the new friend in the *Harry Potter Deathly Hallows* film? Have a dream of being on stage in front of a crowd of hundreds? This summer, you can learn about acting, the ins and outs of the stage, even some on-the-spot improv. The Canterbury Players Drama Camp is an opportunity for aspiring performers, actors and actresses, to learn the craft! Enroll now to secure your spot and guarantee the camp happens – we are going to have a lot of fun this summer!

My Time Machine

Rising K-1st Graders
Week 4, PM
Lindsey Whitlach, instructor
Cost: \$120

Join us as we board our very own time machine! Each day we will set off to learn about people and places from long ago and even take a peek into the future. Who knows what will be waiting – medieval knights and princesses, heroes from the old west, prehistoric dinosaurs or possibly aliens from another planet? Come travel in time with us as we explore the past and imagine the future through games, crafts, music, and much more!



safari

Safari

Rising 4th – 5th Grades
Week 3, full day
John Schoultz, instructor
Cost: \$265 (includes all admission fees)

If you like adventures, you'll love this program that promises an adventure every day! No telling where you might end up, but one thing is for sure ... it will be one safari you will never forget.

AM: 9am-noon
 PM: 12:30-3:30pm

iPhoto Generation

Rising 4th-5th Graders

Week 1, AM

Vicki Johnson, instructor

Cost: \$130

Come find out why digital cameras are so much fun to use! You'll learn how to take a great shot, along with other skills such as zoom, macro, download, edit, print, and how to add text and frames. You'll have a photo album at the end of the week to show off at home. If you have a camera to bring, that's great. If not, come anyway and we'll share our equipment, including photo cards and card readers. Smile, click!

Dinosaur Dig

Rising K-1st Graders

Week 1, PM

Eric Speckhard, instructor

Cost: \$130

Do you love dinosaurs? Would you like to dig up some bones and try putting them back together? Join us for a fun-filled week of adventure, sure to grab the interest of every budding paleontologist. Learn all about specific species and the time periods from whence they came through stories, research, games, crafts, and other hands-on experiences.

Lego Land

Rising K-1st Graders

Weeks 1 & 2, PM

Justin McCollum and

Ashley Elam, instructors

Cost: \$120

Calling all future engineers! Nothing sparks the imagination like Legos. Join others who share an interest in creatively constructing a variety of fascinating machines and structures with America's most fundamental building block.

GarageBand

Rising 4th-5th Graders

Week 1, PM

Vicki Johnson, instructor

Cost: \$125

The world of music-making and broadcasting is at your finger tips with this amazing Mac program. Learn how to create original music and even a bit about podcasting through this iLife feature. You'll enjoy a full week of Mac-tacular fun and learn a lot in the process.

Robotics

Rising 4th-5th Graders

Week 2, AM

John Schoultz, instructor

Cost: \$135

Robotic programming has recently been identified as a skill in which today's students need to engage as a measure of technological proficiency. Get a taste for this skill by sending Canterbury's Mind-Storm robots on several specific missions and "teaching them" to move in space. Learning programming language and setting your robot up for success will take some seriously entertaining brain power.

A Link Beyond Legos

Rising 2nd-3rd Graders

Week 2, PM

Chris Duda, instructor

Cost: \$135

Ready to take the next step in construction? Join your peers in a fun-filled week focused on kit building, track design, and configuring simple machines.

continued next page ...



on the move

Kids Pix: Computer Art

*Rising K-1st Graders
Week 4, AM
Vicki Johnson, instructor
Cost: \$125*

Kids Pix Deluxe is new and exciting software designed for children to have fun with computer graphics. Children can experiment with realistic tools like paintbrushes, chalk, crayon, marker pen, finger-paint, stickers, backgrounds, audio clips, and animations to create one-of-a-kind art on Macbook laptops.

CSI Detectives

*Rising 2nd-3rd Graders
Week 4, AM
Spencer Russell, instructor
Cost: \$135*

Slap on your examination gloves, get out your microscope, and put on your thinking cap to solve a week full of unsolved mysteries. During camp your child will learn all about fingerprint analysis, blood typing, and human hair examination techniques. Look out Sherlock Holmes!

iPads

*Rising 4th-5th Graders
Week 4, PM
Vicki Johnson, instructor
Cost: \$130*

Want to hold the world in your hands? Well with all the amazing “apps” on our brand new iPads – you can! Join us for a fun-filled week of exploring amazing “apps”, navigating the big iPad touch screen, playing with iPhoto slide shows, pages, keynote, and lots of other engaging downloads from the “app” store.

All Sports

*Rising 2nd-3rd Graders
Week 1, AM
Claire McIlwain, instructor
Cost: \$120*

Learn the basics of a variety of sports and the importance of fair play. Boys and girls of all athletic levels will spend time participating in both indoor and outdoor activities including baseball, hockey, basketball, soccer and more.

Taekwondo

*Rising 2nd-3rd Graders
Week 1, AM
Davis Taekwondo America, instructor
Cost: \$140*

Experience the excitement and FUN of modern Taekwondo. This week long camp goes far beyond punching, blocking, and kicking. Nationally certified instructor with over 25 years of experience, Ms. Elizabeth Davis will lead your children to confidence, discipline, and fitness in a fun environment where everyone feels welcome. Make this summer special!

Splish Splash!

*Rising 2nd-3rd
Week 1, PM
Claire McIlwain, instructor
Cost: \$125*

Get wet, get wild! When things heat up in June, cooling your spirits with some water activities is just what the doctored ordered. Enjoy a week full of slip and slides, water balloons, and super soakers. Don't forget your towel for the car ride home!

continued next page ...

Little Dragons: Taekwondo*Rising K-1st Graders**Week 2, AM**Davis Taekwondo America, instructor**Cost: \$140*

Experience the excitement and FUN of modern Taekwondo designed specifically for the “little ones”. Nationally certified instructor, Ms. Elizabeth Davis, will teach your children basic motor skills associated with Taekwondo such as punching, blocking, and kicking all while building confidence and fitness.

Beginner Volleyball*Rising 4th-5th Graders**Week 2, AM**Taylor Greene, instructor**Cost: \$120*

We all know preparation is key to success! Your bumping, setting, spiking, serving, and blocking skills will all be addressed in fun drills thanks to a weeks worth of tutelage from a former varsity volleyball player and wonderful Canterbury alum. Get ready for a bumping good time!

Dance Expression*Rising 4th-5th Graders**Week 2, PM**Kristi Collins, instructor**Cost: \$125*

Summertime is meant to let loose! What better way to free your body and mind through dance? Fulfill your creative desires through innovative jazz, lyrical, ballet, and hip-hop dance moves.

Jazzy Jams*Rising 2nd-3rd Graders**Week 4, AM**Kristi Collins, instructor**Cost: \$125*

Come join our fun-filled week of ballet, jazz, lyrical, and hip-hop dancing. Campers will learn basic steps, timing, and will have the opportunity to creatively choreograph newly learned dance moves to some of their favorite songs.

Fancy Feet*Rising K-1st Graders**Week 4, PM**Kristi Collins, instructor**Cost: \$125*

Students will get to experience four different styles of dance in a fun and energetic environment. They will be learning the basic technique in ballet, jazz, lyrical, and hip-hop. Come join our dance party!

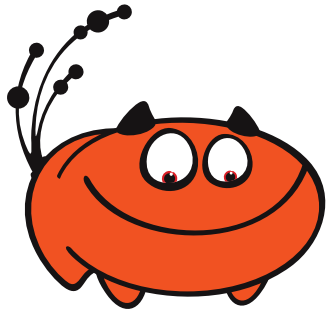
Girls Sports Camp*Rising 2nd-3rd Graders**Week 4, PM**Ashley Elam, instructor**Cost: \$120*

Calling all girls! Come join your peers to work on your sports skills and build confidence in all your backyard favorites. Gear up to dribble, serve, bump, kick, and swing your way to sports stardom.



AM: 9am-noon
PM: 12:30-3:30pm

venture out



Geocaching

*Rising 3rd-5th Graders
June 13-17, AM
Spencer Russell, instructor
Cost: \$140*

Geocaching is a high-tech treasure hunt suitable for all adventure seekers. Using GPS devices, treasure hunters will seek out hidden containers called geocaches where prizes are hidden. We will also create and hide our own geocaches, learn how to navigate GPS websites, and spend plenty of time navigating nature.

8th Grade Whitewater Rafting Trip

*Rising 8th Graders
June 13-16
Overnight venture
John Schoultz and Tricia Fisher, instructors
Cost: \$695*

Join Canterbury's Outdoor Adventure coordinator and an American Red Cross Canoe instructor for a whitewater rafting adventure you and your friends will never forget! Prices include transportation, overnight accommodations, guided raft trips, and excellent instruction.

June 13 - Canterbury School Pond Work
June 14 - Travel and Raft French Broad River
June 15 - Raft Chattooga River (section 3)
June 16 - Raft Chattooga River (section 4)
and return home

Garden Art Safari

*Rising K-2nd Graders
June 13-17, PM
Abrakadoodle, instructor
Cost: \$145*

Abrakadoodle and Lady Bird Johnson's Wild Flower Center join together to create this amazing art, nature and science camp all rolled into one! Art lessons focus on the elements in a garden such as soil, plants and pollinators and artistic styles and techniques that lend themselves to a garden environment. Elementary students will learn how to use a sketchbook to combine art and science and primary students will explore the tactile elements of garden life. Artists discussed include Claude Monet, Gustav Klimt and Melanie Smythe. Students will use paper, paints, colored pencils and other creative materials in this camp in addition to organic materials they will gather.

9th Grade Whitewater Rafting Trip

*Rising 9th Graders
June 20-23
Overnight venture
John Schoultz and Tricia Fisher, instructors
Cost: \$695*

Join Canterbury's Outdoor Adventure coordinator and an American Red Cross Canoe instructor for a whitewater rafting adventure you and your friends will never forget! Prices include transportation, overnight accommodations, guided raft trips, and excellent instruction.

June 20 - Canterbury School Pond Work
June 21 - Travel and Raft French Broad River
June 22 - Raft Chattooga River (section 3)
June 23 - Raft Chattooga River (section 4)
and return home

continued next page ...

Mountain Discovery: Into the Wild

Rising 6th-8th Graders

June 27-29

Overnight venture

Chris Duda, John Schoultz, and Tricia Fisher, instructors

Cost: \$285

Join Canterbury's outdoor staff with Ironman Chris Duda for an adventure to Pisgah National Forest. You will learn survival techniques such as navigation, shelter building, cooking and backpacking skills while exploring the beauty of North Carolina's mountains. All equipment and supplies will be provided.

Climbing Quest

Rising 4th-6th Graders

July 11-15, AM

Chris Duda and Tricia Fisher, instructors

Cost: \$150

"On belay," will be one of many terms you will hear during a week on the low and high ropes course. You will learn fundamentals of knot tying, belaying, and climbing safety while honing your leadership skills.

H2O on the Go

Rising 4th-6th Graders

July 11-15, PM

Tricia Fisher and John Schoultz, instructors

Cost: \$150

Join us in finding fun on and around the Canterbury pond. We'll also discover some of the life that lurks in the pond as well. Canoeing, fishing, and pond ecology will keep us diving for adventure with our final afternoon spent at Lake Brandt.

Advanced Mountain Biking

Rising 6th-8th Graders

July 18-19

9:00-11:30am

Chris Duda and Justin Zappia, instructors

Cost: \$75

Triathletes Chris and Justin will help you push your biking skills up a notch while exploring our area's amazing mountain biking trails. Learn to ride the berms, jump the log pyramids and enjoy the whoop-de-dos. Students must have previous mountain biking experience, a mountain bike and a helmet in order to participate.

Outdoor Games

Rising 3rd-5th Graders

July 25-29, PM

Chris Duda, instructor

Cost: \$135

Come see for yourself what an amazing playground nature can be. Dodge the trees when teeing off for disc golf, fluff the leaves to hide your treasure in capture the flag, and put your back to the wind when pulling during ultimate Frisbee. Let the "wild" in you come out during a week full of outdoor games.

Women in the Wild

Women Only

Overnight venture

July 28-29

Tricia Fisher and Natalie Fisher, instructors

Cost: \$75

Calling all female nature lovers. Take advantage of the opportunity to learn basic camping skills with other women in a relaxed and fun setting. We will practice equipment set up, cooking, and campfire making all while enjoying the beauty of one of our nearby state parks.



AM: 9am-noon

PM: 12:30-3:30pm

athletics

AM: 9am-noon
PM: 12:30-3:30pm

Get Golf Ready

*Rising 3rd-6th Graders
Week 1, AM
Rick Murphy Golf Academy, instructor
Cost: \$140*

The Get Golf Ready Program is designed to teach students, in five lessons, everything a player needs to know to be able to step onto a golf course and play with confidence. Get Golf Ready will be taught by trained PGA professionals from the Rick Murphy Golf Academy who will make sure students have fun each step of the way.

Healthy Heroes

*Rising 3rd-5th Graders
Week 1, PM
Tiffany Dohner, instructor
Cost: \$125*

Become a member of the Healthy Heroes this summer and find out how fun fitness and healthy eating can be. We will explore basic group exercises (like beginner kickboxing, yoga, Zumba, etc.) and gross motor movements. Students will participate in relays, games, learn why we should exercise, discuss healthy eating, and above all have fun! Getting children to equate physical activity with feeling successful (and having fun) is our goal to create a lifetime of exercise adherence.

Canterbury Boys Soccer Team Camp — UNC Junior Advanced Camp

*June 25-28 (Residential camp on the UNC campus)
Participants of this session must be born
in 2001 or earlier (Ages 10-13)
Cost: \$450*

For more information, contact Coach Wes Vogel at vogelw@carterburygso.org

Perfect for the experienced, talented soccer player, this session emphasizes proper technical skills and builds the necessary foundation for advanced play. Tactical group concepts will be introduced based on camper skill level. Campers will be divided into two age groups in order to make camp teams (U-12 and U-14). Some campers may be moved on the first day of camp based upon ability.

Quick Start Tennis

*Rising 1st-3rd Graders
Week 2, PM
Precision Instruction,
instructor
Cost: \$140*

It's a whole new ball game after you learn the fundamentals! Learning to play tennis in a fun and dynamic environment is key to individual enjoyment. During this camp children will learn various strokes, understand rules, scoring, and tennis etiquette all while participating in engaging game play.



TP is My Hero Basketball Camp

*Rising 4th-8th Graders
Week 4, AM
Terrence Petree
Cost: \$130*

Join former UNC Tarheels basketball player, Terrence "TP" Petree for a week of fundamental skills training, and TP basketball contests. TP is familiar with the Canterbury basketball program following his experience as the assistant coach of the varsity team during the 2010-11 season. Campers will learn the essentials of basketball including ball handling, passing, shooting, game strategy, teamwork, sportsmanship, self-confidence, respect, and dedication to the game. Camp participants will receive a TP is My Hero t-shirt and instruction from a special guest from Chapel Hill.

Beginner Get Golf Ready

*Rising K-2nd Graders
Week 4, PM
Rick Murphy Golf Academy, instructor
Cost: \$140*

The Get Golf Ready Program is designed to teach students, in five lessons, everything a player needs to know to be able to step onto a golf course and play with confidence. Get Golf Ready will be taught by trained PGA professionals from the Rick Murphy Golf Academy who will make sure students have fun each step of the way.

about sports

serious

Rising 6th-8th Graders

There are some students who just want to try a sport and then there are those who are serious about sports. If you are a middle school student who is interested in improving your skills and really taking your participation in Canterbury athletics* to the next level, you will get involved with the 2011 Serious About Sports summer program. Through a variety of one-day skills sessions, this series is meant to give serious athletes the opportunity to work with the coaches of the teams they hope to play for during the 2011-12 academic year. Practicing outside the season is the best way to improve your skills and show your coach you are a committed participant.

Sign up for single sessions or the entire series based on summer availability. ***It will be important for coaches to know that students are planning to attend certain sessions.*** Reserve your spot by filling out the Canterbury Summer Programs Registration Form, indicating what sessions you hope to attend, and sending in the associated fees.

| SPORT | COST PER DAY | TIME | DATES | COACH | LOCATION |
|--------------------------------------|--------------|----------------------|------------------------------|---------------|--------------|
| Boys Basketball | \$20 | 5:30-7pm | 6/9, 6/22, 7/7, 7/13, 7/21 | S. Wannamaker | Ketner |
| Boys Soccer | \$20 | 9:30-11am | 6/13, 6/20, 7/11, 7/25, 8/15 | W. Vogel | Field |
| Boys Lacrosse | \$20 | 9-10:30am | 6/15, 6/29, 7/20, 7/27, 8/10 | D. Skeen | Field |
| Girls Basketball | \$20 | 4:30-6pm 3:30-5pm | 6/16, 7/28 7/21, 8/4 | K. Russell | Ketner |
| Boys & Girls Golf | \$20 | 2-3:30pm | 6/20, 6/27, 7/18, 8/1, 8/8 | R. Murphy | Golf Academy |
| Boys & Girls XC | \$20 | 8-9:30am | 6/22, 7/20, 8/17 | J. McCollum | Ketner |
| Girls Soccer | \$20 | 8:30-10am | 6/7, 6/28, 7/12, 7/19, 8/2 | Z. Campbell | Field |
| Girls Volleyball | \$20 | TBD | TBD | TBD | Ketner |
| UNC Boys Junior Advanced Soccer Camp | \$450 ** | residential camp | 6/25, 6/26, 6/27, 6/28 | UNC coaches | Chapel Hill |

* Also open to non-Canterbury students.

** Price is for all four days, this is a residential camp.

camp information at-a-glance

Eligibility:

- Camps available for children entering Kindergarten through 9th grade in Fall 2011.
- See the schedule on page 3 or the course description for camp times, fees, and eligible grade levels.
- Full payment is due upon registration.
- A limited amount of financial assistance is available. Those interested should apply with the camp directors. All decisions will be made by May 20, 2011. In order to hold your spot prior to financial assistance decisions, please include a 10 percent deposit when you turn in your registration.
- Most classes have a maximum student-to-instructor ratio of 12:1.
- Classes are filled on a first come, first served basis and all classes have a limited number of spaces available.

Schedule:

- During most camp weeks early morning drop-off is available beginning at 7:45 am for an additional fee of \$25/week. Please sign up in advance, as this service is offered on an "as needed" basis.
- Students should arrive no earlier than 8:50am and be picked up no later than noon for morning classes.
- Afternoon half-day students should arrive no earlier than 12:30pm and be picked up at 3:30pm sharp.

Lunch and Snack:

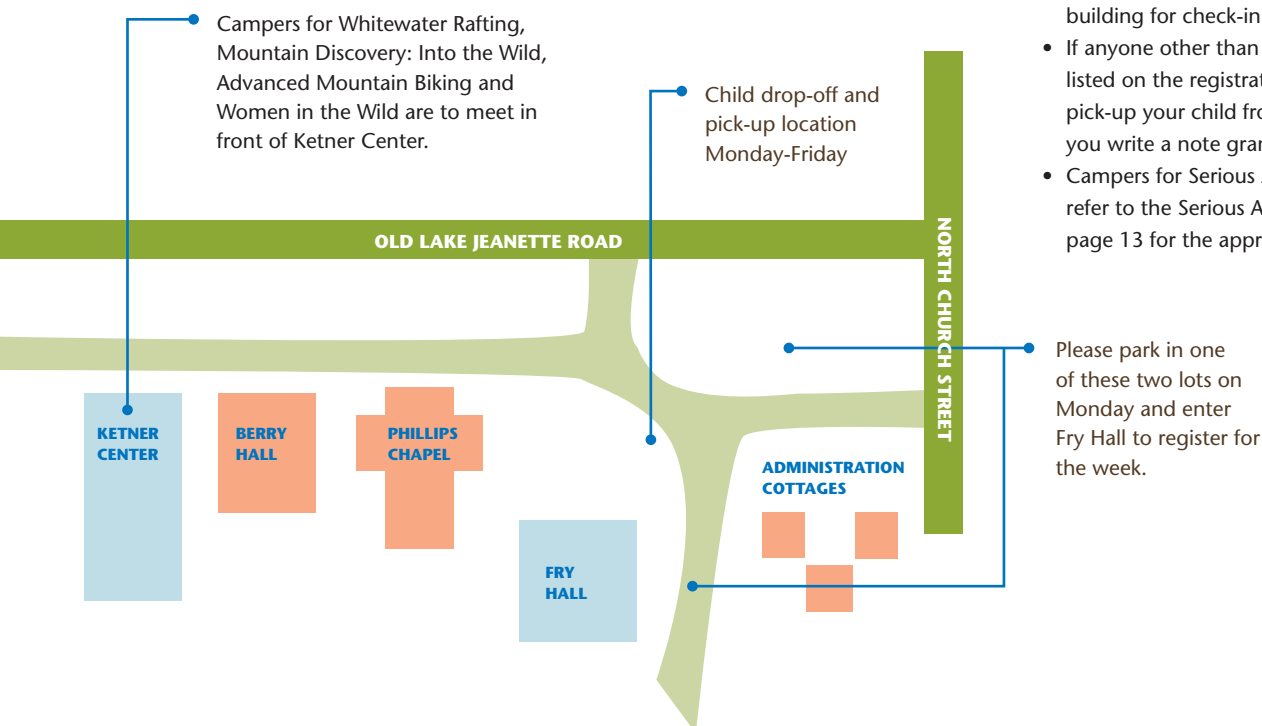
- Students who are staying for the full day must pack a lunch Monday-Thursday. On Fridays, all full-day students will have a pizza lunch. Drinks will not be provided.
- Each child may want to bring a snack and drink to be eaten during camp. This applies to AM, PM, and full-day sessions. *Canterbury is a peanut-free zone; please refrain from sending any food with nuts or processed in a plant that includes foods with nuts.*
- It is strongly recommended that all campers bring a water bottle to camp each day.

Refunds, Cancellations, and Confirmations:

- For most camps, refunds requested in writing at least two weeks prior to a camp will be honored, less a \$50 administrative fee. No refunds are available two-weeks or less from the start date of a camp (with exception of Whitewater Rafting – **No Refunds**).
- Student's first choices will be honored, if possible. Refunds will be given if a class is cancelled or full and no alternative class can be agreed upon.
- Please understand that low enrollment may cause course cancellations. Help us prevent this! Spread the word about your favorite camps!
- You should assume that your registration is confirmed unless we contact you prior to the start date. We will contact all registrants whose schedules need adjustments as quickly as possible. If you want a written confirmation of your camps, please include a self-addressed, stamped envelope with your registration form OR send an email directly to the camp director asking for confirmation information.

Drop-off and Pick-up:

- For all first day camp sessions we require an adult to escort each camper into the building for check-in.
- If anyone other than the parent/guardians listed on the registration page is going to pick-up your child from camp we ask that you write a note granting permission.
- Campers for Serious About Sports should refer to the Serious About Sports schedule on page 13 for the appropriate drop-off location.



Registration Form 2011 (please complete a separate form for each applicant)

Student's name (last, first) _____ Parents' names (last, first) _____

Address _____

Email address _____ May we contact you via email? Yes / No _____

Home phone, father's work #, mother's work #, cell phone #s _____

Pediatrician & phone number _____

Emergency contact, in the event a parent cannot be contacted _____

Child's birthday/current age _____ Gender _____ Grade level for Fall 2011 _____ School attending in fall _____

Allergies/medical conditions (attach additional sheet if necessary) _____

Field Trip and Emergency Permission Form:

We hereby consent to our child, _____, riding in transportation provided by Canterbury School, whether in hired or non-hired vehicles, and hereby agree to release and hold harmless Canterbury School or anyone acting on behalf of Canterbury School, including without limitation, its trustees, administrators, faculty, agents, and volunteers, from any and all liability resulting from injury to my child that occurs while being transported by such means.

I authorize any agent for Canterbury School to admit my child for emergency medical treatment as necessary in the event that such care is needed and I cannot be immediately contacted.

Mother's Signature/date _____ Father's Signature/date _____

Full payment is due upon registration.

Checks should be made to Canterbury School.

Early morning drop off _____ x \$25/week = _____

T-shirt (circle size: YM YL S M L) x \$13 = _____

- | | | | |
|------------|----------|-------------|-------------|
| Camp Name: | 1. _____ | Date: _____ | Cost: _____ |
| | 2. _____ | Date: _____ | Cost: _____ |
| | 3. _____ | Date: _____ | Cost: _____ |
| | 4. _____ | Date: _____ | Cost: _____ |
| | 5. _____ | Date: _____ | Cost: _____ |
| | 6. _____ | Date: _____ | Cost: _____ |

I would like to provide a scholarship for another child to attend. Amount: _____

TOTAL: \$ _____

Send payments to: Canterbury Summer Programs, 5400 Old Lake Jeanette Rd., Greensboro NC 27455

If you would like a written confirmation, please include a self-addressed stamped envelope with your registration or email the camp director.

Refunds, requested in writing, are honored for most camps up to two weeks prior to a scheduled camp less a \$50 fee for each camp enrolled.

No refunds for rafting trips.

For Office Use Only: RN _____ PIF _____ AD _____ FA _____ PC _____ TS _____

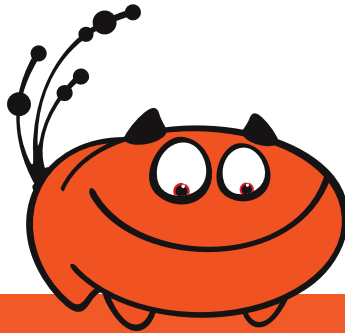


Canterbury
SCHOOL

5400 Old Lake Jeanette Road
Greensboro, NC 27455



COUGAR CAMP



ATHLETICS



VENTURE OUT

CANTERBURY SUMMER PROGRAMS